

**“Know yourself. Analyze what is within to reach God”
Farm Meeting, January 31, 2016**

The theme for today’s meeting is “Know yourself. Analyze what is within to reach God.” Bawa helps us understand what we must ask ourselves in order to analyze ourselves. He tell us in the **Golden Words: pp. 443-444**

Bawa then explains that man studies so much of the world around himself—but in the end, all he has gathered is worthless. He has not studied the explanation of his soul nor learned how to obtain the fullness of the infinite wealth of God’s grace. If we do not analyze ourselves in this life time, we will discover in the end that our lives were only empty dreams.

Golden Words, pp. 254-255

Bawa explains that our eternal life, our soul, is within us as a resplendent body of light. And God has given us the wisdom to analyze ourselves, know ourselves and know Him. We must return to the beautiful body of light in which we came to the world to receive our position in the kingdom of God, the permanent position for our eternal life.

Golden Words, pp. 95-96

So we have to ask, “Who am I?” We have to look within with gnanam, which is wisdom. It is only discovering the spring of wisdom and drinking from it that we can understand who we are and see Him.

Hajj, pp. 59-60

We have to open that spring within ourselves. We have to understand the secrets kept within our innermost heart.

Hajj, pp. 64-65

In order to analyze ourselves, we have to understand what is within us. We have to recognize all the evil qualities within ourselves in order to remove them and transform ourselves. This must be done in order to obtain the kingdom of God and see God.

Q & A Vol. 1, pp.177-178

So how do we analyze ourselves? How do we transform ourselves? As we look within and see all the qualities that have to be corrected, wisdom has to come forth and speak to those qualities. Wisdom has to control and subdue those qualities and put them to work.

Suratur Rahmah, p. 176

Bawa explains how wisdom has to control the evil qualities within ourselves, subduing them and putting them to work. He then gives the example of wanting to build a stone house. First the rocky mountain has to be dynamited so that stones can break forth and be used to construct that house. He explains how the rocky mountain is our mind and desires. It is with the hammer of wisdom that the chisel is struck—making a hole in the rock. When this happens pain is felt by the rock and the mountain. The hammer and chisel also feel pain. The hand that holds the hammer will also feel pain. Nevertheless, we must endure the pain and continue striving to break up the rock.

Bawa then explains that faith, certitude and determination has to be stronger than the rock—then the pain will not afflict our body. That certitude will take away the pain—and as dynamite, it will help you crack open the rock of mind, desire and karma. Once we succeed in blasting the rock, the work will become very easy.

Q & A, Vol. 1 pp. 149-150

Bawa continues to tell us how we must not tire or lose our determination. We must remain strong when researching within ourselves.

Hajj, pp.74-74

In the same way that wisdom must control the evil qualities, we have to understand who is the witness within ourselves? One of the witnesses is our mind. We have to understand that the mind must not look at others analyzing what they do. That will only lead to the ruin of our own affairs. We must look within ourselves and have good thoughts, good qualities, and good actions. This will be our wealth.

Suratur Rahmah, p. 11

So how can we learn the wisdom which can speak to the qualities within ourselves which need to be dispelled and transformed into God's qualities? We need a true human being, a true sheikh who has the wisdom and qualities of God. He will be the example by which we can see God's qualities and wisdom in action.

By virtue of the purity of his own state, he can implant the qualities of Allah into the heart of the disciple who has dispelled the evil qualities from his innermost heart. He will teach that child-- of Allah who is the wisdom within wisdom. With that wisdom, the true sheikh will help the student realize himself as the light within the light-- which is within himself.

Golden Words, pp. 339-340

What will one see when he has completely transformed himself? Bawa explains we have to know ourself before we can know God. When Muhammad (Sal.) went on Mi'raj to commune with Allah, he told Allah he wanted to see Him.

What is seen when one asks to see God? When the veil of the body is removed, his heart becomes Allah. They become one. When he comes to that state, he is within God and God is within him.

Golden Words, pp. 426-427

Play DVD—"Analyze our own qualities before revealing them to others", August 14, 1983 (first 20 minutes)