Bismillahirahmanirahim

Instructions of M. R. Bawa Muhaiyaddeen (*Ral*) To His Children of the Guru Bawa Ashram Jaffna, Ceylon (Sri Lanka)

Ask the children respectfully to observe these:

Ask the children of the Guru to make efforts to learn the Guru's words, His songs, and His language -the meanings conveyed in the words.

If there is any doubt about what is said, you should sit in front of the Guru, ask Him, and clear your doubts.

You should not discuss other speeches or religions or creeds or other things -- not discuss any of these things.

You will listen only to the discourses of the Guru.

Apart from this
you should not discuss any other matters.
If there are any problems of this nature,
you should meet the Guru
and discuss them with Him.
This is the correct way.

If a song rises within you, rises within your heart, then you may sing it.

God is One, Truth is One.

Everyone belongs to one class -there is no difference at all.

When true Wisdom dawns in us,
we will realize that there is no difference.

Differences are seen when Wisdom is lacking due to degenerate wisdom.

Ask the Meignana Guru and clear your doubts.

That is good.

Neither people in the ashram
nor people from the outside
should indulge in discussing
external problems and unnecessary matters.
This means carrying
the problems or difficulties
that arise in the home, town, or elsewhere
and bringing them here,
discussing them with people in the ashram,
disturbing their minds or causing trouble in general.
This applies especially to government matters,
political affairs and problems.

With Swami there is no difference between disciples, whether they came to Him earlier or later.

People do not enjoy greater power or status by virtue of seniority.

Some people have been with Swami for over twenty years.

Some people have started coming to the Ashram recently.

There should be no question of the older people thinking that they have more power than the newer entrants.

There shouldn't be discussions of this nature.

The one who should know man and animal is the Guru.

It is he who will advise us according to the merits of each.
Others are not in a position to pass judgment on these matters.

If you desire to develop Faith in the Guru and a spiritual connection with the Guru, then you should follow Him.

If you go ahead of Him, thinking that you have learned a lot, then you will fail in your pursuit.

If every individual heart is pure, then the Ashram will remain in a pure state. If each heart is out to find fault in people around, then it cannot become pure.

A man of Wisdom
will be concerned about his own self.
He wouldn't waste his time on other people.
It is a man who lacks Wisdom
who will waste his time
discussing the faults of other people.

Note: The above instructions were written in Tamil and painted by His Holiness Guru Bawa Muhaiyaddeen (*Ral*) on a signboard outside his ashram in Jaffna, Sri Lanka. This translation was provided by a Ceylonese disciple at the Ashram in 1972 and recorded in the notebooks of several American disciples visiting Guru Bawa at that time.]